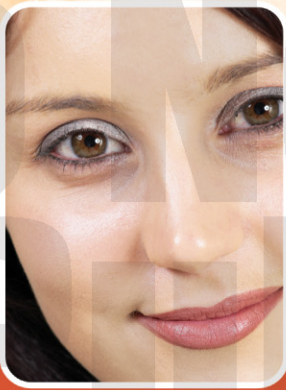


You do not have to live with your acne scars.  
Treatments are available. Arrange a consultation with  
your skin care expert to see what is the right treatment  
for you.



## Acne Scars



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Decrease the appearance of acne scars

# erase your scars



## Acne Scars

Most acne scars are depressed lesions commonly known as “pock scars” or “ice pick scars”. They may be many or few depending on the extent of your acne. If you

have active acne present, it is best to get it under control before initiating scar treatments. One must remember that scars are caused by the body’s inflammatory response to active acne lesions. If the acne is still very active new scars are likely to continue to develop.

## What causes Acne?

Acne is caused when glands within the pores of the skin become clogged, because oil and skin cells accumulate faster than they can exit. The clog causes the hair follicle to bulge and the area may appear dark. If the clog causes the wall of the follicle to rupture, the oil, dead skin cells and bacteria normally found on the surface of the skin can enter the skin and form small, infected areas.

## How are acne scars caused?

Acne scars are caused by our own body’s response against the acne lesion. This inflammatory response is responsible for the destruction of surrounding collagen fibers. Once the collagen is damaged or broken down, this leaves the skin with a depressed lesion known as the common acne scar. Also, wrongful squeezing and poking of acne lesions with pin-like objects is also known to increase the risks of acne scars.



*Before*

*After*



*Before*

*After*

## What treatments are available?

Today, your skin care specialist offers many modalities when it comes to treating ones acne scars. Remember that one must get their acne under control and treated prior to scar reduction treatments. Your physician may recommend collagen or fat injections, dermabrasion and microdermabrasion, laser treatments, chemical peels, punch grafting and subcision, as well as other surgical methods. Some treatments may work better than others depending the severity of your acne scars and the results you wish to achieve.

Prior to treatment a skin care specialist should evaluate you so the proper skin care rejuvenation steps can be tailored for your needs. Usually more than one treatment will be required for optimal results.

## Are treatments right for me?

The goal of scar treatment is to give the skin a more acceptable appearance. Total restoration of the skin to a pre-acne state is often not possible, but with modern treatments available through your skin care expert, most acne scars can be improve, and often, very dramatically.