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What should I do after the Procedure?

After endovenous laser therapy, a gauze pad and tape will be placed over the puncture site and a compression stocking or bandage will be placed on your leg. You are encouraged to immediately walk following the procedure and resume normal activities. However, during the two weeks following the procedure you should avoid swimming, vigorous gym workouts, hot baths and excessive sun.

CENTURY MEDICAL

Endovenous Laser
(Varicose Vein Treatment)

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PRINT FOR PUBLICATION



You no longer have to live with leg Veins

smooth
painless legs



Endovenous Laser Ablation Treatment

Did you know that 70% of women ages 60 to 70 have some sort of varicosities. 40 percent of men at this same age have this same disease.

Painful miserable and unsightly varicose veins affect over 50 million Americans. Women are 4 times more likely to develop varicose veins than men. Varying mild to severe, many Americans with varicose veins are no longer able to enjoy the activities they once loved.

What is vein Disease?

Veins are the blood vessels that return blood to the heart from the body. To overcome the force of gravity inside the veins are one what valves that open to allow blood flow to the heart, and close to prevent reflux of blood to the body. When these valves fail to function or if the vein is damaged so the valves do not completely close, blood can begin to pool in the vein and cause a variety of vein complications such as the bulging and painful varicose veins.

Unfortunately these veins do not go away with age and they only get worse with time. Initially, one may only feel a slight pain and restlessness in the legs. Untreated, this will increase and lead to limitations in walking and leg cramping at night. Eventually varicose veins can lead to clots, severe leg ulcers and chronic swelling



Before After



Before After



Before After

What is Endovenous Laser Ablation?

Is used to correct chronic venous insufficiency by delivering laser energy through a small puncture in the leg overlying the diseased vein. Endovenous laser ablation requires no surgery and the entire procedure can usually be performed in less than one-hour right here in this office. During the procedure you will be awake and the leg will be anesthetized. A thin laser fiber is inserted into the diseased vein under ultrasound guidance and the laser will directly treat the source of the leg vein problem. This will cause the vein in the lower leg to shrink and eventually disappear.

Is the loss of the vein a problem?

No. Because there are many veins in the leg, the blood that would have flowed through the closed vein simply flows through other healthy veins after the laser therapy

Is Endovenous laser therapy painful?

Although individual responses vary, most people report little or no pain associated with endovenous laser therapy. Often the only sensation is felt during the delivery of Anesthetic to the leg. After the procedure you may feel some tenderness, tingling, itching or tightness in the treated leg, which should disappear in a month.