

Who is it for?

The mini-lift was designed for individuals between 30 and 60 years of age who desire to correct lower facial and neck sagging. It can be combined with other rejuvenation procedures such as laser, chemical peels, collagen or Botox to further enhance your appearance.

You should look as young as you feel. Ask us if a mini lift is right for you.



Mini-Face Lift



regain
your youthful look



Mini-Facelift

If you are tired of looking into your mirror and seeing a face that looks older than you feel inside? If sagging muscles and skin on your cheeks, chin and neck are making you look

older than you really are. Or, if you are developing that “waddle”, just behind the chin, then maybe its time to consider a Mini-facelift.

How it works

The mini-lift is typically performed right in our office using local tumescent anesthesia. It takes less time than traditional facelifts, has fewer complications and recovery is much faster. In fact, most of our patients can return to normal activities and work in 1-2 days.

While each surgeon may approach the surgery differently, a mini-facelift is designed to improve the appearance of the lower face, cheeks, neck and chin area. Your surgeon may need to make an incision below the ear. In doing so, he or she will plan carefully to provide for the smallest scar possible.

If excess fatty tissue is found in the neck and chin region, liposuction will be used to remove this tissue. With this excess tissue gone, your complexion will regain its youthful and natural contour.



Before

After



Before

After

When the surgeon is finished, any excess tissue will be removed and sutures will be used to close the incision. The patient will be required to wear facial bandages for support under the chin. Make sure to follow any post-surgical instructions your surgeon and/or his staff gives you.

What you should know

Prior to surgery, your surgeon will give you specific instructions to follow, including information regarding eating and drinking, smoking and taking or avoiding certain medications and vitamins. If you follow these instructions, it will help your surgery go smoothly.

Usually there isn't significant discomfort after surgery. Some numbness of the skin is normal and will disappear in a few weeks. Be gentle with your face, it will still be both tender and numb at first. Bandages will usually be removed after one to five days.

Most patients are able to perform light activities after one or two days and usually feel ready to return to work a week or so after surgery.

Mini-lift scars are much smaller than those of traditional facelifts and are virtually undetectable.