

beautiful silhouette



Liposuction

For many patients, liposuction has become a dream come true. Though it's not intended as a weight loss technique, liposuction can remove aesthetically displeasing localized accumulations of fat and sculpt the body

into a slimmer profile. These local areas of fat are often preprogrammed by inheritance and are found to be stubbornly diet and exercise resistant. Today liposuction is one of the most common cosmetic procedures performed. Top skin care experts combine both modern tumescent and power assisted techniques, to achieve the safest and smoothest form of fat removal available.

How It Works

The basics of liposuction are really quite simple. A small stainless steel tube called a cannula is inserted through tiny incisions in the skin and the fat is removed utilizing suction. The incisions are so small they heal themselves with only the use of a few sutures and minimal scarring if any. A saline solution containing dilute anesthetic and adrenaline is injected into the fatty tissue through the small incision site. The injected area then becomes locally anesthetized, causing the tissue to become firm and inflated or tumescent. This allows the surgeon to extract the fat in a more accurate and uniform fashion. Enhancing the procedure with precise repetitive movement of a power assisted cannula will allow the surgeon to produce the smoothest results possible.

Where is Liposuction used?

Fat that deposits beneath the chin, on the flanks, hip, abdomen, inner and outer thighs, knees and legs are areas where body contouring with liposuction produces



Before

After



Before

After

impressive results. The most frequently treated areas in women are the abdomen, hips, thighs and knees while men are the "love handles" and enlarged male-breasts. Also treatable by liposuction is hyperhidrosis, the condition that causes excessive underarm perspiration. Sweat glands in the underarms are removed with no adverse affect on the body's ability to cool itself.

What To Expect

Liposuction is the skillful re-contouring of the body by removing inches rather than pounds. Also remember skin and muscle tone plays an important role in the overall appearance of a person. The need for surgical excision (or a tuck) is rarely needed but occasionally it can be required to enhance the results of the procedure. Additionally, the problem known as cellulite, most commonly found in females, cannot be

expected to improve with liposuction.

However, when fat cells are removed by liposuction, they tend not to grow back. The patient's new balanced silhouette is permanent. However, if the patient does gain weight, the change tends to be distributed proportionately over the entire body. The same applies to weight loss. The change of body contour produced by liposuction is the equivalent to focusing the effects of dieting to specific areas of the body.

What you should Know?

As with any surgical procedure, liposuction is associated with possible side effects such as bruising, swelling, temporary numbness and discomfort in the surgical area treated. Although irregularities of the skin are possible following liposuction, the side

effects are greatly minimized when using the Tumescent Techniques. There is minimal pain and the vast majority receives only minor sedation to relax during surgery. Following the procedure, most patients can return to work or daily activity in 2-3 days.

Who is it for?

Those individuals best suited for liposuction contouring are active healthy persons of average or near average weight. Liposuction is a good choice for those who have done just about everything possible to lose the unwanted fat and who seek improvement on their body's shape.

You may be a good candidate for Liposuction if:

- You have areas of stubborn fat that just won't respond to diet and exercise.
- You have excess weight in your chin and neck region.
- ° You would like a better contour around your hips, thighs, stomach, buttocks or male chest region.



Power Assisted LIPOSUCTION

